



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

FSSH – FBS INTERNATIONAL COLLOQUIUM



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FACULTY OF BEHAVIOURAL SCIENCES

FSSH -FBS INTERNATIONAL COLLOQUIUM

on the theme

“PSYCHOSOCIAL ISSUES IN COVID-19 ERA”

Organized by

Faculty of Social Sciences (FSSH) UTM, Malaysia

&

Faculty of Behavioural Sciences (FBS) SGT University, India

Date: 8th December 2021

Time: 11:30 am – 3:30 pm

Venue: Virtual Platform (Webex)



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UTM
UNIVERSITI TEKNOLOGI MALAYSIA

Faculty of Social Sciences
and Humanities



SGT UNIVERSITY

FSSH-FBS INTERNATIONAL COLLOQUIUM

PSYCHOSOCIAL ISSUES IN COVID-19 ERA

8 December
2021

Malaysia Time
2⁰⁰pm-6⁰⁰pm

India Time
11³⁰am-3³⁰pm



<http://utm.webex.com/join/fss2.webex>

<http://facebook.com/humanities.utm>



SCAN ME

ABOUT

This colloquium focuses on the field of Psychology & Counseling, by presenting a global vision for psychosocial aspects in the Covid-19 era. This international colloquium between the FSSH, UTM & FBS, SGT University will provide platform for the exchange of knowledge, skills and experience among academicians, researchers, and postgraduate students. Research activities, findings and publications in the field of psychology and counseling will be delivered through keynote speeches and presentations. We hope that this platform will provide an impetus in the development of research in this area. Come and join us to discover the emerging contemporary psycho-social aspects in the Covid-19 era in the developing countries of Malaysia and India.

PROGRAM

(Based on India Time)

11.30 am- 11.40 am
Welcome address by Moderator

11.40 am-11.50 am
Welcoming Speech by
Prof. Dr Zaidatun Tasir,
The Dean of FSSH, UTM

11.50 am-12.00 pm
Welcoming Speech by
Prof. Dr. Rajbir Singh,
The Dean of FBS, SGT

12.00 pm-12.10 pm
Speech by Colloquium Director
Associate Prof. Dr Aqeel Khan,
FSSH, UTM

12.10 pm -12.30 pm

Invited Speaker Session
Assoc. Prof. Dr. Azlina Mohd Kosnin,
FSSH UTM

12.30 pm -12.50 pm

Invited Speaker Session
Prof. Dr Waheeda Khan, FBS, SGT

12.50 pm - 3.20 pm

Presentation Sessions of UTM & SGT
Researchers

3.20 pm - 3.30 pm

Closing Speech by
Prof. Dr. Fatin Aliah Phang,
The Chair of School of Education,
UTM

INVITED SPEAKERS



PROFESSOR DR.
WAHEEDA KHAN,
INDIA



ASSOCIATE PROF. DR.
AZLINA MOHD KOSNIN,
MALAYSIA



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Brief Profile of Speakers:

Professor (Dr.) Waheeda Khan was the keynote invited speaker from FBS, SGT University. Dr. Khan is presently Advisor to SGT University, a Professor of Psychology, and Ex Dean FBS. She has more than 40 years of administrative, teaching, and research experience in the field of Psychology and Counselling. Dr. Khan specializes in the field of Positive Psychology, Mental Health & Wellbeing, Clinical/Counseling, Peace, Violence & Conflict, Inter-group Contact. She has been a part of several International and National collaborations and has received awards and recognition for her valued work in the field. Her valued presence in the various editorial board teams and academic committees has been highly appreciated and her contribution complemented.

Assoc. Prof. Dr. Azlina Kosnin:

The second invited speaker of the colloquium was Dr. Azlina binti Mohd Kosnin from the Department of Foundations of Education and Social Sciences Department in the Faculty of Education. She is currently holds the position of a senior lecturer and Deputy Dean (Academic & Student Development). She believed that “the best way to have a good idea is to have a lot of ideas”. Her area of specialization includes Child Development & Educational Psychology. She has taught courses such as Psychology of Personality, Organisational Psychology, Advance Educational Psychology, Cognitive Aspects in Learning, Theories of Motivation, Foundation of Education, Application of Psychology in Education, and Social Psychology. She has a number of International and National conferences, seminars, and invited speeches to her credit. Academic supervision, paper publications, and awards have been in various fields for the prestigious proceedings for Dr. Azlina.

Organizers:

The organizers of the seminar colloquium were **UTM : UNIVERSITI TEKNOLOGI MALAYSIA**, Faculty of Social Sciences and Humanities (FSSH) in collaboration with the Faculty of Behavioural Sciences (**FBS**), **SGT University**.

Universiti Teknologi Malaysia (UTM) is a leading innovation-driven entrepreneurial research university in engineering science and technology. It is located both in Kuala Lumpur, the capital city of Malaysia, and Johor Bahru, the southern city in Iskandar Malaysia, which is a vibrant economic corridor in the south of Peninsular Malaysia. FBS of SGT University has signed an MOU with UTM Malaysia.



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Brief Report of the Colloquium:

The main objective of the Colloquium was to establish academic collaboration in teaching and research between two departments of SGT and UTM. The webinar provided an opportunity for young research scholars to present their work at an international forum.

Welcome Note: The colloquium commenced with a grand welcome on behalf of the organizing committee by **Dr. Hassan Abuhassna**, who was also the moderator for the colloquium. Dr. Hassan is currently working as an Assistant Professor at Universiti Teknologi Malaysia (UTM). He worked in UTM as a Postdoc fellowship for six months, as a part-time lecturer for two months, in addition to three years as a research assistant. His interest areas include MOOC, Elearning, and online learning.

Welcome Speech : This was followed by a welcome by Prof. **Dr Zaidatun Tasir**. Dr. Tasir is currently the Dean, FSSH, UTM, Malaysia. She graciously welcomed all and invited the guests, invited speakers, and the audience along with the presenting research scholars.

Welcome note by Director: The colloquium was conceptualized by Dr Aqeel Khan along with Prof Waheeda Khan. **Assoc. Prof. Dr Aqeel Khan**, Colloquium Director, FSSH, UTM also extended warm welcome to all. A welcome was followed by an exhibition of specific and highly appreciated montages of both UTM and SGT University, carefully coordinated and executed by **Dr. Hassan & En Aziz**.

Welcome speech by Dean FBS Prof. Dr. Rajbir Singh: The colloquium was addressed by the Dean, FBS, SGT University Prof. (Dr.) Rajbir Singh. He has been into teaching and research in the field of Psychology for more than four decades. He specializes in the area of Positive Psychology, Psychobiology, Neuropsychology.

Brief content of Invited Keynote Lectures:

Invited Speaker, FSSH, UTM: Assoc. Prof. Dr. Azlina Kosnin:

In the colloquium, Dr. Azlina spoke about the Psychosocial Impacts of Pandemic Covid19 in Malaysia. Her talk was extremely enlightening and awakening, as the current situation in Malaysia was structured and explained in such a short time span. Her talk highlighted an upsurge in anxiety disorders, posttraumatic stress disorders, obsessive-compulsive disorders, and aversive social effects of isolation. On the other hand, we could also postulate that improvement could be achieved in compliance and supervision of medication, strengthening of the family support, and reduction in substance-related psychiatric disorders. Her talk summarized how by understanding both deleterious and potentially favorable effects of a global disaster such as the COVID-19 pandemic, mental health professionals could be better equipped in facing such events.



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Invited Speaker, FBS, SGT University: Professor (Dr.) Waheeda Khan:

In the colloquium, Prof. Khan spoke on the Mental Health of Adults during the COVID-19 Pandemic Lockdown in India. Her talk on one of the most important populations being affected in the era of the Pandemic was highly appreciated. In her talk, she highlighted how in the pandemic the adults experienced disproportionately greater adverse effects including more severe complications, higher mortality, concerns about disruptions to their daily routines and access to care, difficulty in adapting to technologies like telemedicine, and concerns that isolation would exacerbate existing mental health conditions. The talk also showed how older adults tend to have lower stress reactivity, and in general, better emotional regulation and well-being than younger adults, but given the scale and magnitude of the pandemic, there was concern about a mental health crisis among older adults. The talk summarized that counter to expectation, older adults as a group may be more resilient to the anxiety, depression, and stress-related mental health disorders characteristic of younger populations during the initial phase of the COVID-19 pandemic.

Screenshots of the Colloquium:





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Copy of E -Certificate for participants:



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